

East Sussex Assembly Annual Conference

13 September 2016, International Lawn Tennis Centre, Eastbourne

Main theme:

Mental Health

9.30am Arrival, registration and refreshments

10.00am Welcome

Nazeya Hussain (Director of Regeneration & Planning, Eastbourne Borough Council) and Steve Manwaring (East Sussex Strategic Partnership Chair and SpeakUp Forum Representative)

10.10am Sussex Partnership NHS Foundation Trust – Dr Mokhtar Isaac

An introduction to service provision for mental health in East Sussex and an outline of the Trust's strategy to 2020.

10.30am HealthWatch – Elizabeth Mackie

Presentation on patients' view of mental health in East Sussex, particularly children's and adolescent's services.

10.45am Table Top Exercise

An exercise to encourage partners to think about how they would deal with different mental health scenarios and share learning.

11.15am Coffee Break and Networking

There will be a market place with stands from the voluntary and community and public sectors, including:

- Alzheimer's Society
- Counselling Partnership – Support for survivors of suicide
- East Sussex Recovery College
- HealthWatch East Sussex
- High Weald Lewes and Havens CCG
- Icepro
- i-Rock
- Mind in Brighton & Hove
- Southdown Housing
- Sussex Oakleaf Wellbeing Centres

11.45am Presentations:

Sussex Police – Sarah Gates

Presentation on Sussex Police's work to support people in crisis.

Fulfilling Lives Project – Jo Rogers and Eleanor Busby

The Fulfilling Lives Project is a Big Lottery Funded project to improve support for people with Multiple and Complex Needs.

East Sussex Recovery College – Debbie Rimmer and Karen Swain

Sussex Recovery College aspires to enable all students on their journey to recovery by providing educational courses that focus on living with mental health challenges. Each course is unique in providing a range of self-management tools, techniques and support to enable students to manage their conditions. At the heart of the delivery and development of Sussex Recovery College is the principle of co-production and collaboration between those with a lived experience of mental health challenges and mental health practitioners.

12.30pm Question time & discussion

There will be an opportunity to put questions to the panel of presenters

12.45pm Pledge, conclusion and thanks

Attendees will make two pledges:

- 'To maintain and/or improve my personal mental health I pledge to...'; and
- 'To maintain and/or improve others' mental health within my organisation, I pledge to...'

13.00pm Close



Follow us on twitter @ESSP_eastsussex and to comment on the day use #ESAssembly16

ABOUT THE EVENT

The Assembly will be looking at the provision of services and local projects dealing with mental health in East Sussex. The Assembly will enable partners to share learning and best practice and encourage debate on how to best support those in the community with mental health problems, particularly vulnerable people or those with multiple and complex needs.

We face a number challenges in providing effective support for those with mental health problems, which the Assembly will address, such as:

- how we can ensure effective and specialised services and support are provided locally;
- how we can ensure services and support are provided quickly to those in crisis or close to crisis; and
- how we can do the above with within the context of decreased public funding.

ABOUT ESSP

East Sussex Strategic Partnership (ESSP) brings organisations together to plan local services and tackle the issues that matter to local people. Our main tasks are to:

- develop and deliver the Sustainable Community Strategy for East Sussex, [Pride of Place](#), a long-term plan for improving quality of life for those living and working in East Sussex
- deliver other action plans, which aim to tackle the priorities set out in Pride of Place
- report on [our progress and performance](#) to local partners and the general public
- provide leadership on countywide issues where no other appropriate organisation or partnership can be identified.

ABOUT THE EAST SUSSEX ASSEMBLY

The [Assembly](#) is the ESSP's consultative and advisory forum, and one of the largest cross-sector networks in the county. It comprises almost 100 organisations and partnerships from the public, private and voluntary and community sectors that are involved or interested in public services and improving life in East Sussex.

THE VENUE/GETTING THERE

Hardwicke Suite, International Lawn Tennis Centre, Devonshire Park, College Road, Eastbourne, East Sussex, BN21 4JJ

→ **Map:** [Click here](#) for a map

→ **Public Transport:** Eastbourne can be reached by rail and bus services. The International Lawn Tennis Centre is a 15 minute walk or 5 minute taxi ride from Eastbourne train station. The Number 3 bus (Eastbourne Town centre to Meads) stops near the theatre on Compton Street. [Click here](#) for bus information.

→ **Parking:** College Road car park is a Pay and Display car park for 200 cars. There is also a limited amount of on-street pay and display parking. Parking spaces for people with disabilities (Blue badge holders) is available.

REFRESHMENTS

We will not be providing lunch. However tea, coffee, water, pastries and fruit will be available. Special diets will be catered for if notified in advance. To prevent waste and to help us keep costs down, please let us know in advance if you are unable to attend.

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