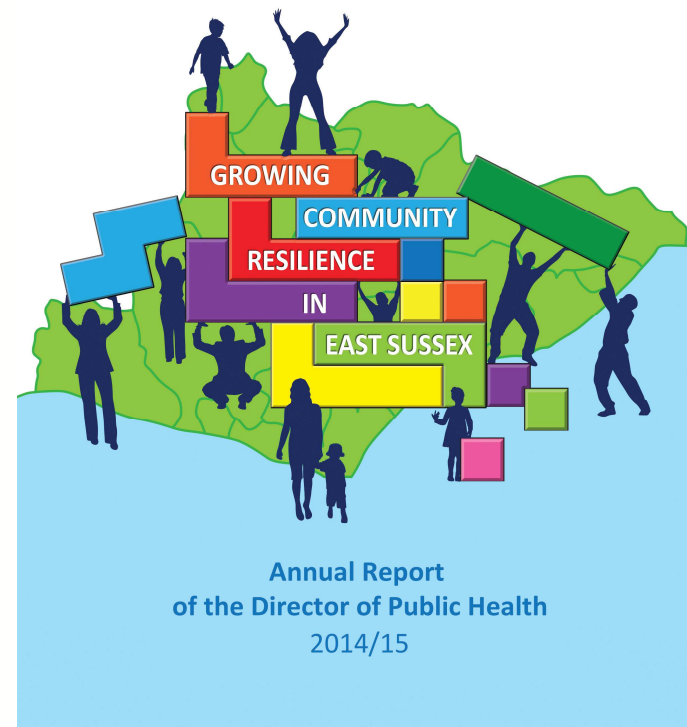




**East Sussex Better Together
- Growing Community
Resilience for Health and
Wellbeing**



Growing Community Resilience in East Sussex



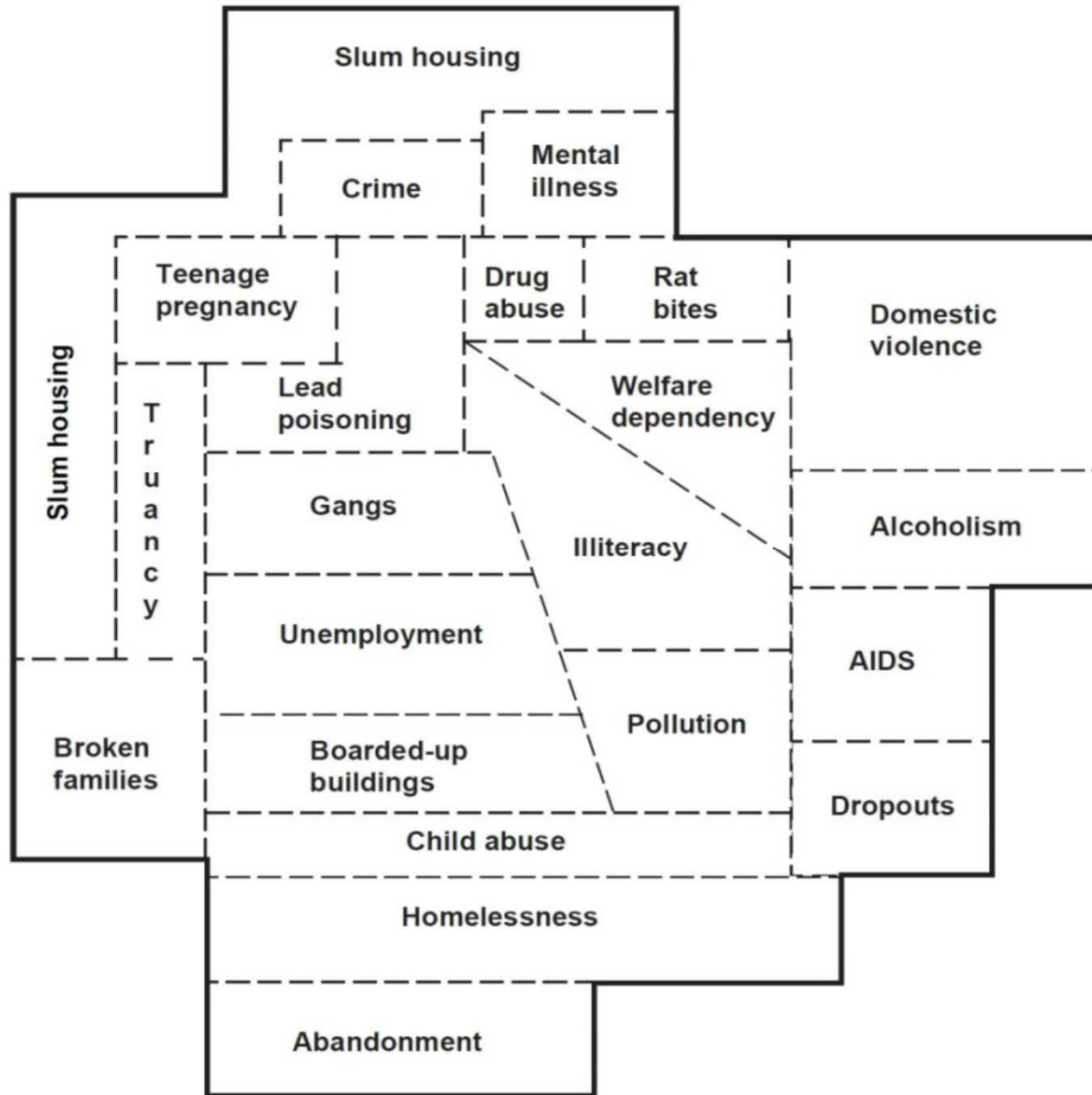


Connected communities

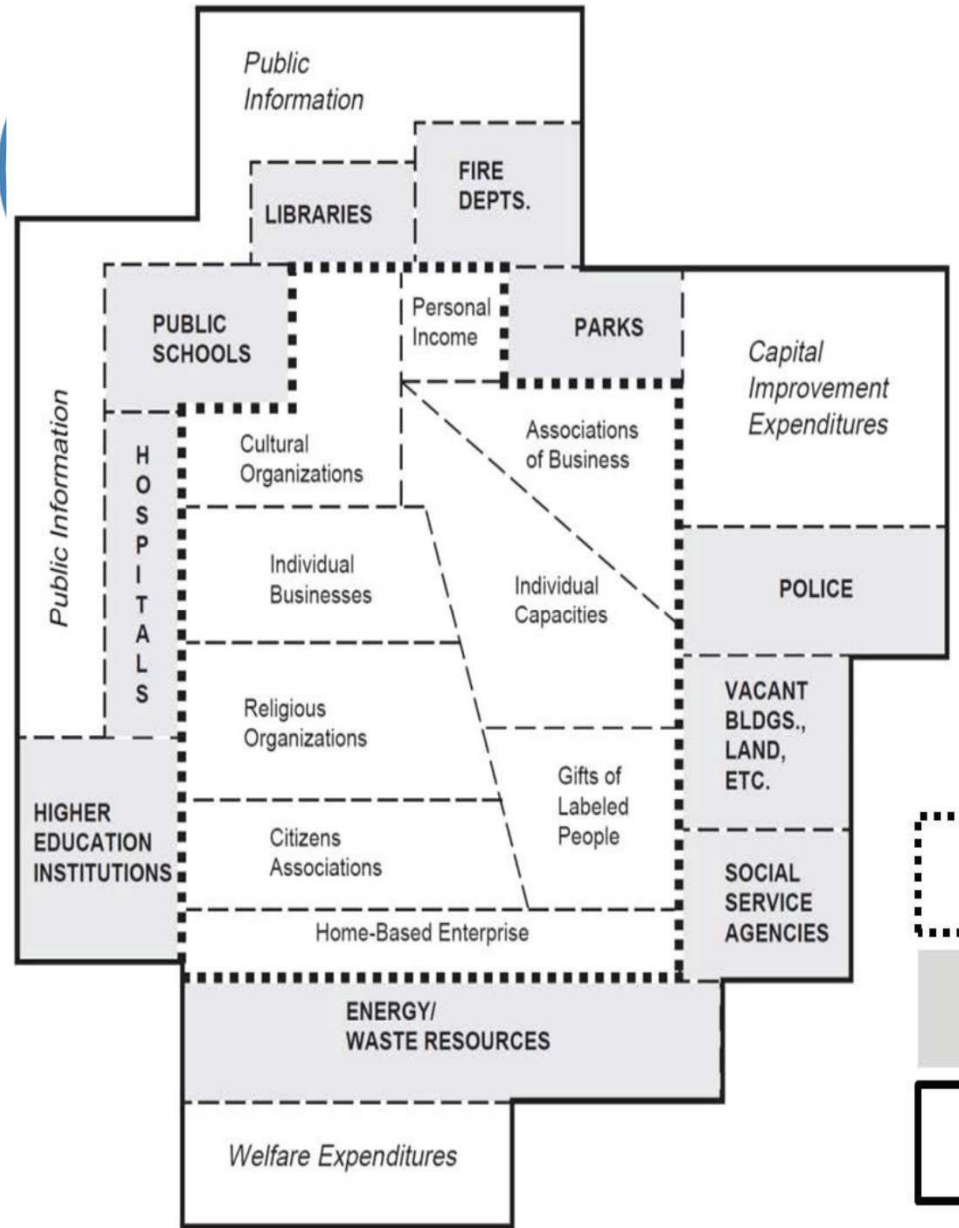


NHS Hastings and Rother Clinical Commissioning Group
NHS Eastbourne, Hailsham and Seaford Clinical Commissioning Group
NHS High Weald Lewes Havens Clinical Commissioning Group





Community from a Deficit perspective



Community from an asset or strength perspective

Source: McKnight and Kretzmann, 1997



Agents of Change

CHAMPIONS

Champions are trained and supported to volunteer to help their local community to lead healthier lifestyles and to work with local commissioners to improve the quality of health and social care services

COMMUNITY BUILDERS

Community Builders engage skills, knowledge and talents of community members and empower an equal partnership between residents and their local clubs, groups and social networks



GAPPERS

Gappers work in institutions in the day but are community volunteers in the evening, acting as vital connectors between institutions and communities

COMMISSIONERS

Commissioners are key leaders in implementing this approach in terms of orientating their organisation and devolving decision making and allocation of resources to communities.



Lesley Thompson



Friends Across Wadhurst

*NHS Hastings and Rother Clinical Commissioning Group
NHS Eastbourne, Hailsham and Seaford Clinical Commissioning Group
NHS High Weald Lewes Havens Clinical Commissioning Group*



Next steps



*NHS Hastings and Rother Clinical Commissioning Group
NHS Eastbourne, Hailsham and Seaford Clinical Commissioning Group
NHS High Weald Lewes Havens Clinical Commissioning Group*

